

**Diocesan Cursillo Report Form**  
**October 1, 2024 – September 30, 2025**

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**Diocese/Archdiocese:** San Diego

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**Diocesan Spiritual Advisor:** Father Roger Pingol

**Language Group:** Filipino

**Region:** Region XI

**1. Pre-Cursillo**

**How are the candidate preparations for the Precursillo phase being managed in your diocese?**

Sponsor/Candidate Fellowship was held prior to Cursillo Weekend to assist in preparing the candidates for the weekend. Sponsor Workshop was developed in order to further educate and provide resources to assist sponsors with their candidates.

**What strategies are being implemented to identify and invite potential candidates?**

Cursillistas would identify leaders or individuals that are living out their faith within their parish community. Cursillistas initiate friendship, participate in potential candidate's parish's committee and invite potential candidates to Parish's Cursillo Teaming.

**How effective are the sponsor efforts for the Precursillo phase?**

Our sponsors are effective communicators. They were able to promote and affirm our mission to maintain the interests of our potential candidates, as they are the main contact for the candidates, in which they would support and maintain relationships with them - leading up to the Cursillo Weekend. Based on positive feedback, San Diego Filipino Cursillo had a successful womens and mens Cursillo Weekend in 2025.

**2. Cursillo**

**Describe the overall experience of the participants during the Cursillo weekends.**

Based on our survey, the overall experience of the participants during the Cursillo weekend is joy, peace and spiritual strength in their faith journey.

**What methods are being used to ensure the team is ready to implement the Rector's Guide?**

Extensive training is provided for all the staff who are preparing for the Cursillo Weekend. Cursillo Weekend staff goes through an orientation, one-on-one

training on their prospective roles through mentorships, a team building/mechanics meeting is held and each rollista is required to present their rollos in front of the School of Leaders prior to delivering on the weekend.

**What methods are being used to ensure a climate of friendship during the weekends?**

The climate of the weekend is the same as our action motto, "make a friend, be a friend, bring a friend to Christ." The Cursillo Weekend staff and candidates are asked to move around during times in the dining room to get to know each other more. Staff are asked to sit amongst the candidates during meal times and during breaks to foster deeper friendships. The table groups are scattered around to get to know each other and grow to ensure continuance of friendship after the weekend.

**How is the team formation and training process being conducted?**

The team formation and training process is being conducted with the assistance of an experienced trainer who has staffed before and has the expertise of the role of that staff leader. The School of Leaders and Proper Cursillo collaborate to ensure the training and formation is smooth and effective. Clergy also comes prior to the Cursillo Weekend to give a formation half day and offer confession a week before the Cursillo weekend is conducted.

### **3. Post Cursillo**

**How are the follow-up activities and support systems for new Cursillistas being organized?**

There are eight active parishes that are represented by their coordinators. Communications regarding events and discussion are done alternately via text, Zoom and in-person meetings. Each coordinator is provided with the agenda regarding parish group reunion reports, Ultreya and other celebrations concerning the Cursillo movement. Cursillo awareness is provided during each meeting to encourage and share the knowledge to the new cursillistas.

**What measures are in place to encourage ongoing spiritual growth and involvement in the Group Reunion and the Ultreya?**

Each parish Post Cursillo team meets once a week for their Group Reunion, veteran Cursillistas are paired with the new Cursillistas. Permanent groups of three or four share as part of their Piety, Study and Action. Ultreya is held bi-monthly where all parish teams meet. The Ultreya format is in accordance with the Leader's Manual.

### **How effective are the Group Reunion and Ultreyas in maintaining the momentum of the Cursillo experience?**

Group Reunion provides accountability, encouragement and fosters deep spiritual friendship that keeps faith concrete and personal. Ultreyas reinforces the sense of community and belonging to a wider movement. It continues to encourage new leaders to strengthen the unity of purpose.

## **4. Secretariat**

### **How is the Secretariat functioning in terms of leadership and coordination?**

Our Secretariat is composed of a Diocesan Cursillo Coordinator (often called the Lay Director), Asst. Lay Director, Co-Chairs (usually a Brother and Sister) for the following committees: School of Leaders, Pre Cursillo, Cursillo Proper, Post Cursillo, and Music. We also have one Secretary, one Treasurer, and one Newsletter/Website Editor. Secretariat meetings are held on the second Saturday of the month and additional meetings are convened as needed.

### **What challenges are being faced by the Secretariat, and how are they being addressed?**

Our movement has challenges when it comes to recruitment for Cursillo weekends and year-round volunteers. We continue to do our best and a great example of our perseverance is when we hosted a Spring Retreat the year our numbers were too low to hold Cursillo Weekends. Over fifty of our Brothers, Sisters, and their guests attended our Spring Retreat at Whispering Winds Catholic Camp and it was a prayerful and successful weekend.

### **How is the Secretariat supporting the various phases of the Cursillo movement?**

Each phase of the Cursillo movement has a committee and those committee co-chairpersons are members of the Secretariat. Committee reports are given during Secretariat meetings and the Secretariat offers guidance as needed. Secretariat also makes themselves available should the various phases request assistance with their events, goals, decisions, etc.

### **Is a succession plan in place to ensure vacancies are filled promptly.**

While Secretariat members are encouraged to be on the lookout for their suitable replacement(s), our movement still struggles with filling vacancies. We are prayerful every step of the way. The School of Leaders takes charge of filling vacancies and they remain gentle yet persistent with invitations. By the grace of God, willing servants gladly accept the call. Additionally, outgoing members typically stay on a few extra months during the search for replacements.

## **Explain the Secretariat's relationship/friendship with the local Bishop/Archbishop**

We provide a 3-year report to the Bishop personally and in writing. The report stipulates our accomplishments and events during this time period. We had our meeting with Bishop Bejarano on Wednesday, May 21, 2025. Bishop was generous with his time and asked many questions to sincerely get to know our movement and how we operate. Bishop ended the meeting with words of encouragement and a blessing.

## **5. School of Leaders**

### **Describe the activities conducted by the School of Leaders.**

The School of Leaders meet regularly once a month either in person or via zoom. There was not a lot of activities during the latter part of 2024 since we did not have any Cursillo weekend retreats except for one Ultreya in November. There were eight of us who attended the V Conversation of Cala Figuera and came back energized. As a consequence, extensive discussions were held to follow the Rector's Guide sequence of rollo 14 and 15. Rollos 14 and 15 were switched back and this change was approved by the Secretariat and was implemented this year. We offered a workshop on January 15, 2025 called Rollista Formation and did one-on-one mentoring for new Rollistas. This program resulted in having 6 new Rollistas: 4 sisters and 2 brothers; who were able to deliver in the July and August classes respectively. We reviewed the rollos and ensure compliance with the Rector's Guide - in content as well as in sequence. We did an orientation for the incoming Rector, Rectora, Vice Rector and Vice Rectora and worked with Proper Cursillo for training and formation of teams. There were three Cursillo Leaders Program sessions held on Sep 2, 9, 16, 2025 that covered both technique and doctrinal talks. On Sept 11, 2025, the School sponsored a jubilee pilgrimage walk that culminated in a mass at our local designated pilgrimage church: St Joseph Cathedral. Throughout the year, the School has been encouraging cursillistas to attend group reunions and to share Christ by being laywitnesses in the Ultreyas. The School also has provided support to the different parish centers by providing speakers covering different topics/rollos. We had started working with the different Cursillo language groups here in San Diego for a multicultural Ultreya supposedly to be held in March of this year which unfortunately lost momentum.

### **How are the leaders being trained and equipped for their roles?**

We provide our current and prospective leaders with: (1) one-on-one mentoring, (2) group training through CLPs workshops (Cursillo Leaders Programs), (3) explore and discuss Cusrillo books as a Cursillo Awareness agenda during meetings, and (4) provide spiritual formation through retreats and spiritual direction given by our Spiritual Adviser.

### **What impact is the School of Leaders having on the overall Cursillo movement in your diocese?**

The School of Leaders is responsible for the training of Rollistas, Rector(a), Vice Rector(a) and in conjunction with Proper Cursillo, scheduling and training of staff/team for the weekend. The School works with the Pre Cursillo by providing support for their workshops and works with Post Cursillo by providing laywitness/echo for the ultreyas. The School also ensures that we are in compliance with the guidelines set by the National Secretariat.

## **6. Workshops**

### **What types of workshops are being offered, and how are they being received?**

The School offered a workshop entitled, "Rollista Formation", early this year as a technique talk, followed by a doctrinal talk (Kenosis and Kerygma) and then another technique talk called "Learning to Live the Rollo". There were about 2 dozens participants, most of which were Secretariat members. It was not well attended by the general membership inspite of the advertismment we had done through word of mouth and website, possibly because we did not have any classes the previous year. Through this workshop though, we had gotten 5 new Rollistas. We also offered the Cursillo Leaders program a month after we had the Cursillo classes this year and there were a lot of attendees stemming from the previously held classes.

### **How are the workshops contributing to leadership development, spiritual growth, and formation of the Cursillistas?**

Since we incorporate both technique and doctrinal talks in the workshops, participants have developed a deeper understanding of their faith and in their relationship with Christ as evident in their evaluation of the workshops. Most of the participants sign up to be team members, Rollistas or part of a committee.

### **What workshops are being considered for the future?**

We are planning to have a Sponsor's workshops next year as well as a Leaders Group Reunion or Cursillo Leaders Program II. In the future, possibly host a Cursillo de Cursillos.

## **7. Retreats**

### **How are the retreats being planned and executed in your diocese?**

We try to have a retreat at least every 2-3 years. The planning involves who the Retreat Master is going to be, the theme as well as the duration. Once these are determined, we look for a date(s) and the venue. Then we start announcing the retreat to all Cursillistas through the website, Ultreyas or personal contact. We also open it to non Cursillistas as well as to the other language groups. In the meantime, we work with the Retreat Master for the schedule or activities of the day such as morning prayer, quiet time or personal reflection, group discussions, confessions, mass, etc. We also ask for palancas for the success of the retreat.

### **What feedback have you received from participants regarding the retreats?**

From the evaluations that we get, we received positive feedback in general. Some offer suggestions while others dwell more on their discomfort and complain about it.

### **How are the retreats enhancing the spiritual journey of the Cursillistas?**

Retreats give the Cursillistas a break from their daily routines, time to nourish themselves physically, mentally and spiritually without thinking of work or daily chores, a break from technology (TV, Cell phones, social media, etc), recharges them and deepens their relationship with God and with each other. They come back to the real world feeling refreshed, renewed, transformed and ready to embrace back their commitment/service to God.

## **8. Regional/National Encounters**

### **Do the Cursillistas attend the Regional and National Encounters?**

Yes, Cursillistas, Secretariat members and School of Leaders attended the Region XI Fall Encounter Sep 27-29, 2025, World Ultreya Jun 3-12, 2025, National Encounter Aug 14-17, 2025 Seattle University, Seattle Wa.

### **What topics should be considered for Regional and National Encounters?**

Living the Cursillo charism in today's world.  
The role of grace and prayer in personal conversion.  
The Eucharist as the center of community life.  
The Beatitudes and the Cursillista's journey  
Spiritual renewal through Group Reunion & Ultreya

## **9. Diocesan Cursillo Movement Needs**

**Submit suggestions on how the Regional or National Coordinator can assist the Diocesan Cursillo Movement.**

- . Spiritual and Pastoral guidance, ensure doctrinal fidelity.
- . Provide spiritual resources (retreat guides, reflections, formation materials)
- . Leadership Formation (conduct leadership workshops and training for diocesan secretariats, school of leaders, and team members).